



JOIN TRINITY BOSTON CONNECTS 8TH ANNUAL SOLE TRAIN 5K

Oct. 30th 2021 (in-person) • 2pm (race starts)
Franklin Park, Shattuck Picnic Grove
trinityconnects.org • soletrain5k.com

ABOUT SOLE TRAIN

Who we are

Sole Train is the restorative running community where youth cross the finish line and realize their potential for greatness.

What we do

Sole Train connects Boston's youth of color [Young Soles] with volunteer trainers [Old Soles] to train for and run a 5-mile race or half marathon.

Why it's important

Sole Train increases access in historically underserved communities to opportunities for physical and emotional well-being.



Why it's different

The moment a Young Sole crosses the finish line alongside their fellow Old and Young Soles, it forever changes how they view life's obstacles by realizing anything is possible when approached with the same resilience and belief in themselves they learned through running.

Where we are

Sole Train teams are based at Boston Public Schools (BPS) and select community organizations throughout the city and practice 1-2 times a week during or after the school day. Teams come together for community building events and races throughout the year, leading up to Sole Train's culminating goal race: Boston's Run to Remember, a five-mile race or half marathon that takes place Memorial Day Weekend.

ABOUT TRINITY BOSTON CONNECTS

Trinity Boston Connects people, programs, and practices to heal the traumatic impact of systemic racism on youth of color in Boston. Our programs create safe and supportive communities that empower young people to build the social-emotional skills that research shows increase positive peer and adult relationships, academic accomplishments, physical and emotional health, and contributions to community. We currently provide direct service to 800 youth and impact 15,000 through our professional training services in schools and youth-serving organizations across Boston.

SPONSORSHIP OPPORTUNITIES

Our young runners will be fueled by your support as they see their hard work pay off and have a blast on October 30th!

Young Soles (youth participants) receive free race entries, sneakers, shirts and hoodies that they wear with great pride. The Sole Train 5K raises funds to support our year-round programming, currently reaching 500 Young Soles and 130 Old Soles. The generous support of our sponsors will help us to continue to engage many more mighty young people in Boston.



PRESENTING SPONSOR	\$25,000
EMPOWERMENT SPONSOR	\$10,000
STRENGTH SPONSOR	\$5,000
DETERMINATION SPONSOR	\$2,500
RESILIENCE SPONSOR	\$1,000
COURAGE SPONSOR	\$500

CONTACT VALETE GRAHAM TO BECOME A SPONSOR

vgraham@trinityconnects.org
347-845-9534

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